

Options for Primary Care in the Management of Cholesterol

Method

Letter

Letter **or** Text/Phone **or** Appointment

Clinical Search Area

Statin Switch
Primary
Prevention

Statin Switch
Secondary
Prevention

Statin Initiation
QRISK 10-20%

Statin Initiation
QRISK >20%

Statin Initiation
(Previously tried statin)
QRISK 10-20%

Statin Initiation
(Previously tried statin)
QRISK >20%

Information

Patient receives information to say it is recommended they change statin and a **prescription has been created** which they can collect / activate

Patient receives information to say it is recommended they take statin and if they wish to do so they need to contact practice – **prescription will then be issued**

Patient receives information to say it is recommended they take statin **during GP Consultation – prescription then created** (if required)

Advice

Patient receives further advice on why and the benefits via letter and website

Patient receives further advice on why and the benefits via letter and website **or** GP Practice **or** bespoke service (subject to local commissioning)

Delivery

Patient information in letter and website

Face to face (one to one) **or** Face to face (group education) **or** Telephone (one to one)

Example Process for Primary Care in the Management of Cholesterol

Method

Letter

Clinical Search Area

Statin Initiation
QRISK >20%

Information

Patient receives information to say it is recommended they take statin and if they wish to do so they need to contact practice – **prescription will then be issued**

Advice

Patient receives further advice on why and the benefits via letter and website

Delivery

Patient information in letter and website

Example Process

This is an example of a process which a practice may adopt when dealing with the management of cholesterol.

In this example, patients with a QRISK score of >20% receive a letter from the practice recommending that they take a statin.

Patients advised via letter that they can find more information on the healthy hearts website: what a statin is, risks and benefits and how to find out more information and support.

If the patient does not wish to take a statin, they do not need to take any further action.

*Practices may adopt a number of different approaches based on capacity, experience and/or patient preference.